

# NATALIE PARÉ

## **Career and Personal Paths**

I earned a Bachelor's in chemical engineering and worked for a multinational for 23 years, including 10 in human resources management. For six years, I have been a self-employed PPC professional coach accredited by the ICF (International Coach Federation). As a human resources trainer and coach, I work with the business services departments of the various cegeps to help administrators better understand and fulfil their leadership role.

## **Why I Became an Entrepreneur or Administrator**

Since I come from a family of entrepreneurs, I felt the need to start a business to acquire more autonomy and freedom.

## **Why I Am a Mentor**

My motto is "give and you will receive." Being a mentor is my way of giving back.

## **My Guiding Values**

Freedom, respect, authenticity, honesty, and pushing your limits.

## **My Passions and Interests**

My passions are sailing and developing human capital. I firmly believe that we all have in us the strength to accomplish what we believe is possible, when we overcome our fears and impediments.